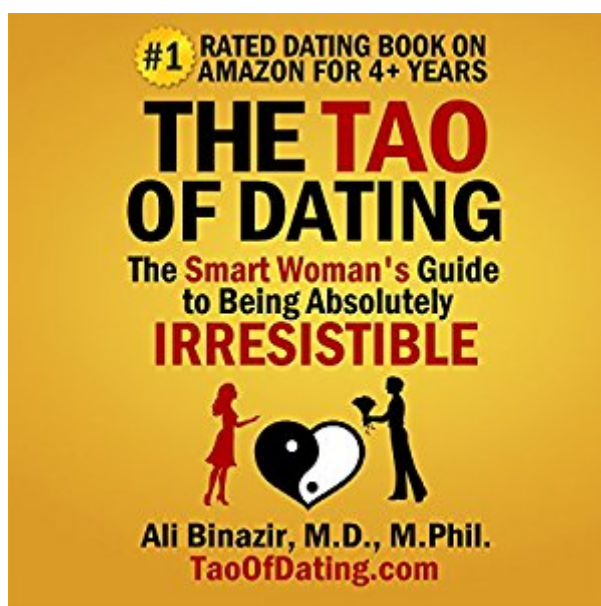


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The Tao Of Dating: The Smart Woman's Guide To Being Absolutely Irresistible



Synopsis

The man who will love you forever is out there right now. Do you know how to find him, meet him, attract him, and keep him in your life? This book shows you how. Can you have it all? I believe that smart, successful women can have both a great career and a rich, warm, fulfilling love life. See - smart women like yourself were having unfulfilling love lives on an epidemic scale when I was an advisor at Harvard. They either couldn't find the right guy, were with the wrong guy, had relationships that didn't last, or had given up on dating entirely. So I wrote this book to remedy the situation. This is not your grandma's dating guide. Partially because I'm not your grandma, and partially because the 21st century poses unprecedented challenges to the modern woman. With a high-powered career, it may seem that there just isn't time for love. And nowadays, lots of guys are less educated and affluent than you. What to do? Ancient Wisdom + Modern Science = Lasting Love & Happiness For You This book combines ancient wisdom with modern science to give smart, successful women like yourself a heart-centered, science-based, practical guide to finding fulfillment in your love lives - and far beyond. I give it all to you in a series of small, easy steps that put the fun back in dating, plus the science and reasoning behind it so you can trust where it all comes from.

Book Information

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Customer Reviews

The Tao of Dating: The Smart Woman's Guide to Being Absolutely Irresistible by Dr Ali Binazir turned out to be one of the most transformative books I have ever read, much more so than I thought it possibly could be. I'll start with the basics though. The kindle edition is well published. I

really enjoyed reading the book for the tone and style. It's thoughtful yet playful. It's witty and humorous yet very kind and respectful. Deep yet simple. A great feature of the book is that it contains simple exercises that most people will be able to do. This makes it more effective than just advice book. Some exercises are very powerful, others didn't make much sense to me, but that's OK. There is plenty of sensible advice, too: what to look for in a guy, what are the warning signs, what not to do on a date and why, where to meet suitable people. Many tips and hints sprinkled throughout the book are applicable well beyond the dating world. Following the hints, I went to a few events I haven't been to for a while and had a blast, even though I only met a bunch of service-oriented sorority girls, an older lady organizing a volunteer event, and got asked out by a guy way outside my age range, so no deal. Even though I have not yet met a Good Guy as a result of reading this book, it helped me be very comfortable with myself. I used to sort of know that I am wonderful, but would have a soundtrack going in the back of my mind: am I too old (34, divorced, no kids)? too smart? OK looking but not pretty enough? too introverted? too strange? As I was doing exercises from chapter two, "about the choice to become who you already are", I suddenly saw where I had been in my own way for ages. As a result, I was immediately able to be less critical of myself and others. It felt like breaking free. After more reading and exercises, I also saw my latest long term relationship and its demise in a different light and that was also a jailbreak from too much sadness and regret into joyful well-being.

I have studied Psychology for years and I have to say that this is one of the best books I have ever read! If you are looking for something that will work for you, not only in your dating life, but your everyday life; this is it! I have been a widow for over 5 years and being back in the dating pool wasn't easy. Because I have read so many books that deal with people, (relationships between men and women) dating, basic functionality, etc., I thought I was pretty savvy; but not so. Reading this book gave me the opportunity to look at things from a different perspective, this was key; again, thank you Dr. Ali. This book is full of heartfelt, great advice from Dr. Ali. Not only have I never felt more confident about myself, I am thankful and happy about who I am and what I have to offer and bring to a relationship. Although I am not in a relationship at the moment, I do feel confident that when the right man shows up I will know what to do and how to proceed. I love who I am and no matter my eventual fate, I will always have myself to fall back on..... So, thank you so very much for writing this book. I cannot recommend "The Tao of Dating" highly enough! The Tao of Dating: The Smart Woman's Guide to Being Absolutely Irresistible

I will admit, when I first began reading this book I found myself to be slightly annoyed with the fluff that I found to be utterly irrelevant at times, I found the author to be rambling on about the same thing for pages & pages. But, in short, I couldn't put the book down! This is by far the best dating book I've ever read. It is written in such a way that you wouldn't even expect the author to be a male. It focuses on you & how to cultivate your inner beauty & self confidence in such a way that a good man just couldn't resist. Nowhere in this book does it lift men & put down women. Quite the contrary! It shares a respect for not only yourself but for the men who actually deserve that radiance & respect as well. You will read this and walk away feeling refreshed with plenty of new insight to put to good use immediately. If you gain nothing else from this book, you will at least walk away a more self confident, more educated you than ever before. Go get em, ladies!

The author cleverly disguises this self-actualization book as a "dating"book, though it is mostly filled with exercises and advice on how to reach fulfillment on your own, then, if you will, look for a guy. As Binazir says, "You don't need a man, but you may want a man." It's well written and interesting, though when he tells us what a man wants (after throwing away our fashion magazine subscriptions and not taking ads seriously) is just (!) that we should always look "elegant." I'm not sure what his notion of elegant is, but being elegant doesn't always coincide with being ourselves, or being natural. He also falls back on the old men are from Mars cliches (men are always horny, he says), and women are from Venus (we want to be fulfilled, we don't necessarily want to be in love). All in all, not a bad take on the vestigial dating book.

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